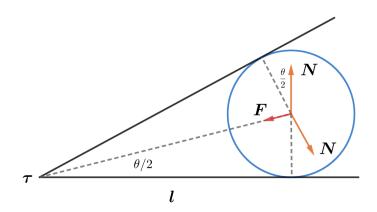
2019A F=ma Exam: Problem 17

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Since the hinge exerts a constant torque on the boards, the normal force from the boards is

$$N = \frac{\tau}{l}$$

We must apply a force F toward the hinge to keep the disc at the rest,

$$F = 2N\sin\frac{\theta}{2} = \frac{2\tau}{l}\sin\frac{\theta}{2}$$

so the answer is \overline{A} .